



# FSS Department Newsletter

All the Ways to Better Your Days

Volume 2, Issue 1

April, 2014

ENHANCING NEIGHBORHOODS  
STRENGTHENING COMMUNITIES  
**CHANGING LIVES**

## Meet-and-Greet: Connecting Residents to GDPM Staff

### GDPM Meet and Greet

Meet and Greets are an opportunity for residents to meet, learn and share with the FSS staff; site managers, office and maintenance staff; and resident council or community council representatives.



### Upcoming Meet and Greets:

**Windcliff Village Community Room (155 Windcliff Drive, Germantown)**  
Tuesday, April 15th - 11:30am-12:30pm

**Westdale Terrace Community Room (108 Melba Street, Dayton)**  
Tuesday, April 22nd - 1:30pm-2:30pm  
(Open to residents of Westdale as well as Hawthorn Village and Winter Street)

### Our Mission:

*To develop housing solutions for individuals, seniors, and families. We seek to improve neighborhoods by offering diverse housing options. We require that our families, employees, and partners demonstrate responsible character, which strengthens the economic health, vitality and humanity of the Miami Valley.*

## Activities & Events for Seniors

### FSS Department:

Barbara Branigan  
Service Coordinator  
937.910.5301

Yolanda Drake  
Service Coordinator  
937.910.5302

Davon Miller  
HCV FSS Coordinator  
937.910.5423

Lacey Schmalstig  
HCV FSS Coordinator  
937.910.5419

Clair Thompson  
PH FSS Coordinator  
937.910.5413

Edward Wilson  
Supervisor  
937.910.5319

### !!! Health Fair !!!

Wilkinson Plaza Community Room  
Monday, April 28th - 1:00pm-3:00pm

**Information - Free Health Screenings - Door Prizes**

**Bingo, Fun & Prizes presented by Parrish Home Health**  
**Westdale Terrace** - Tuesday, April 8th - 12:00pm-1:00pm  
**Wentworth Hi-Rise** - Monday, April 14th - 1:00pm-2:00pm  
**Wilkinson Plaza** - Thursday, April 17th - 12:00pm-1:00pm  
**Westdale Terrace** - Friday, April 25th - 2:00pm-3:00pm  
**Wilkinson Plaza** - Wednesday, April 30th - 2:00pm-3:00pm

**Avoiding Scams Targeted to Seniors presented by GE Capital**  
**Hallmark-Meridian** - Monday, April 21st - 1:00pm-2:30pm

**Wellness Pharmacy Informational Session**  
**Hallmark-Meridian** - Friday, April 11th - 1:00pm-2:00pm  
**Metropolitan** - Friday, April 11th - 2:00pm-3:00pm  
**Bellefontaine Ridge** - Wednesday, April 23rd - 1:00pm-2:00pm

**SARDI presented by Wright State University**  
**Wolf Creek** - Tuesday, April 15th - 2:00pm-4:00pm  
**Park Manor** - Wednesday, April 30th - 10:00am-1:00pm

As always, this newsletter features the dates, locations, and times for all of the events, activities and workshops presented by GDPM and our partners each month. Keep in mind that due to unforeseen circumstances, these events are subject to changes and cancellation at any time, so please contact the event coordinator to confirm several days before the event. Please let us know if there are any activities, events, workshops, or training opportunities you would like us to try and bring to our sites and we will work to bring these activities to you.

## **Events and Activities Calendar for All GDPM Clients**

All of these events and activities were planned by the FSS Department.

For more information about these events, please contact the Service Coordinator for each site or the FSS Supervisor.

As always, FSS Orientations are held 2 times each month to help you better understand the opportunities available through the FSS Program. Join us at either session to learn more about how you can get help finding employment, earning a certificate or degree, becoming a home-owner, and much more!

**Park Manor** - Monday, April 7th - 10:00am-11:30am ——— **Riverview** - Tuesday, April 29th - 2:00pm-3:30pm

ResCare will be visiting GDPM this month to talk about their programs, which includes youth employment services.



**Wentworth Hi-Rise** - Tuesday, April 8th - 2:00pm-3:00pm  
**Westdale Terrace** - Wednesday, April 9th - 2:00pm-3:00pm  
**Wilkinson Plaza** - Thursday, April 10th - 2:00pm-3:00pm  
**DeSoto Bass** - Monday, April 21st - 10:00am-11:00am  
**Triangleview** - Tuesday, April 22nd - 10:00am-11:00am  
**Indian Trails** - Thursday, April 24th - 10:00am-11:00am  
**Cornell Ridge** - Friday, April 25th - 10:00am-11:00am  
**Bellefontaine Ridge** - Monday, April 28th - 10:00am-11:00am

The Urban Minority Alcohol and Drug Addiction Outreach Program, UMADAOP, will be visiting GDPM sites throughout the month of April to discuss the health risks and cultural dangers of marijuana.

**Westdale Terrace** - Friday, April 4th - 2:30pm-3:30pm  
**Hallmark-Meridian** - Monday, April 7th - 2:30pm-3:30pm  
**Grand Senior Living** - Thursday, April 10th - 1:00pm-2:00pm  
**Wilmington Hi-Rise** - Monday, April 14th - 10:00am-11:00am  
**The Metropolitan** - Monday, April 14th - 2:30pm-3:30pm  
**Wentworth Hi-Rise** - Tuesday, April 29th - 12:30pm-1:30pm



The Public Health Department of Montgomery County (PHDMC) is coming to GDPM to help you QUIT SMOKING!!! These classes are just 1 hour per week for 5 weeks, and PHDMC will provide you with all the tools to help you quit.



**Wilmington Hi-Rise** - 2:00pm-3:00pm  
**Session 1** - Thursday, April 17th  
**Session 2** - Thursday, April 24th  
**Session 3** - Thursday, May 1st  
**Session 4** - Thursday, May 8th  
**Session 5** - Thursday, May 15th



Don't forget, GDPM has partnered with **East End Community Services** and the **Wesley Community Center** to provide open computer labs as well as computer training, classes and instruction to any GDPM resident.

For more information on hours and classes, contact the FSS Department or:  
**East End Community Services** - 624 Xenia Avenue - 937.259.1898  
**Wesley Community Center** - 3730 Delphos Avenue - 937.263.3556

Family Self-Sufficiency Department  
220 Park Manor Drive  
5th Floor Solarium  
Dayton, Ohio 45410  
Phone: 937-910-7500  
Fax: 937-910-5300

If you would prefer to receive this newsletter via email, please send a request to [ewilson@gdpm.org](mailto:ewilson@gdpm.org).